

June & July 2010
“Om on the Range” Yoga Schedule

Quiet, intimate country setting, idyllic for yoga
1598 Old Oak Park Road, Arroyo Grande



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Yin Yoga

A relaxed, meditative and balancing yoga class

Thursdays – June 3, 10; July 8, 15, 22, 29

5:30 to 6:45 p.m.

- June \$10 per class; starting in July - 4 class series- \$36
- Stop bys, prior arrangement only (call or email Holly first) - \$10 per class

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- With a maximum of six students per class, participants receive personal attention from an experienced yoga teacher.
- Number of students in order for a series to be held – min. 4, maximum 6

For questions or to sign up, call Holly Padove at (805) 440-4561 or email hpadove@hotmail.com by April 30.

No refunds or make up classes will be given if you miss a class. If Holly is unable to teach or find a substitute teacher, we will extend the class for another week, or you may seek a refund for the value of the one class if you paid in advance.